

# Halton Diabetes Program

## Practical Management and Current Trends in Diabetes

A Conference for Nurses,  
Dietitians, Pharmacists and  
Other Health Care  
Professionals  
in Hospitals,  
Long Term Care  
Homes and the  
Community



Thursday, April 22, 2010

8:00 a.m. – 4:00 p.m.

Burlington Convention Centre  
1120 Burloak Drive  
Burlington, ON (at QEW)

### ***Registration Fees:***

**\$ 90.00 (Early Registration)**

**\$ 110.00 (After April 1st)**

**(Breakfast, Lunch & Breaks Included)**

**Dr. Linda Sinnaeve**

***Utilizing Insulin in  
Type 2 Diabetes***

**Dr. Michael Vallis**

***Moving Mountains:  
The Clinician's Role in  
Behaviour Change***

**& Concurrent Workshops**

**For more information/to request a brochure:**

Contact the Halton Diabetes Program:

fl **905-338-4437**

Websites: [www.haltonhealthcare.com](http://www.haltonhealthcare.com) / [www.jbmh.com](http://www.jbmh.com)

E-mail: [bross@haltonhealthcare.on.ca](mailto:bross@haltonhealthcare.on.ca)



## Who should attend?

Health professionals who do not specialize in diabetes:

- " RNS/RPNS
- " Pharmacists
- " Dietitians
- " FHTs, CCAC
- " Others

... working in hospitals, long term care facilities, community, private practice or doctor's offices.

## Keynote Speakers

- " Dr. Linda Sinnaeve, MD, FRCPC, ABIM, ABEM  
Endocrinologist, Chatham, ON  
Academic affiliation with UWO Faculty of Medicine
- " Dr. Michael Vallis, PhD, R. Psych.  
CDHA Behaviour Change Institute  
Associate Professor, Dalhousie University

## Corporate Support



## About the HDP

The Halton Diabetes Program provides information, counseling and support services for adults with diabetes and prediabetes, and their families in Burlington, Georgetown, Milton, and Oakville.

Our team includes nurses, dietitians & a social worker specialized in diabetes education and management. Daytime and early evening appointments and programs are available.

HDP also provides education to health professionals, and the general public.

## Map to Burlington Convention Centre



## Halton Diabetes Program



presents...

## Practical Management and Current Trends in Diabetes

**Thursday, April 22, 2010**  
**8:00 a.m. – 4:00 p.m.**

Burlington Convention Centre  
1120 Burloak Drive  
Burlington, ON (at QEW)  
(905) 319-0319

# Practical Management and Current Trends in Diabetes

Learning Objectives:

## KEYNOTE SPEAKERS:

**Dr. Linda Sinnaeve:**

### Utilizing Insulin in Type 2 Diabetes

" Review the pathophysiology of Type 2 & the rationale for insulin use.

**Dr. Michael Vallis:**

### Moving Mountains: The Clinician's Role in Behaviour Change

" Practical approaches to behaviour change and positive diabetes outcomes.

## CONCURRENT WORKSHOPS:

**#1 Cheryl Lenover, RD, CDE & Cathy Jager, RN, CDE – Halton Diabetes Program:**

### Who Wants to be a Diabetes Millionaire?

" Dispel common myths & provide practical tips on diabetes management.

**#2 Dr. Michael Vallis:**

### Behaviour Change In Action – Skills Rehearsal

" Provide an opportunity to see & practice behaviour change interventions.

**#3 Jan MacRae, RN, CDE, Sally Reid, RN, CDE & Helen Jones, RN, MScN, CDE – Halton Diabetes Program:**

### Pokes, Pens and Pumps

" Gain "hands-on" skills with a variety of monitors, insulin pens & pumps.

## Program

8:00-8:45	Registration Displays & Breakfast
8:45-9:00	Welcome & Introductions <b>Cathy Benbow Plewes, RN, MEd, CDE</b> <i>Manager – Halton Diabetes Program</i>
9:00-10:15	Keynote Speaker & Questions <b>Dr. Linda Sinnaeve</b> <i>Utilizing Insulin in Type 2 Diabetes</i>
10:15-11:00	Break/Displays
11:00-12:00	Concurrent Workshops <b>SELECT ONE: #1, #2, #3</b>
12:00-1:00	Lunch
1:00-1:15	<b>Terry Boyle</b> <i>A Message from an Expert Patient</i>
1:15-2:30	Keynote Speaker & Questions <b>Dr. Michael Vallis</b> <i>Moving Mountains: The Clinician's Role in Behaviour Change</i>
2:30-2:45	Break
2:45-3:45	Concurrent Workshops <b>SELECT ONE: #1, #2, #3</b>
3:45-4:00	Closing Remarks & Evaluation <b>Cathy Benbow Plewes</b>

## Registration Form

Please register by: **April 9, 2010**

Please print:

Surname

First Name

Occupation

Organization

Mailing Address

City

Postal Code

Phone

Fax

E-mail

**\*\* Please select ONE workshop from each timeslot:**

**11:00 a.m.-12:00 p.m.**

**2:45 p.m.-3:45 p.m.**

Who Wants to be a Diabetes Millionaire?

Who Wants to be a Diabetes Millionaire?

Behaviour Change in Action

Behaviour Change in Action

Pokes, Pens & Pumps

Pokes, Pens & Pumps

## Conference Fee Information:

Early Registration      \$90.00  
 After April 1<sup>st</sup>              \$110.00

(Includes Breakfast, Lunch & Breaks)

Payment Method:  Cash  Cheque  Visa

Name on card: \_\_\_\_\_

Card # \_\_\_\_\_ Exp Date \_\_\_\_\_ mm/yy

Payment for (list names): \_\_\_\_\_

\* No refunds

Cheques payable to Halton Diabetes Program  
Mail to: 700 Dorval Drive, Suite 609  
Oakville, ON L6K 3V3

Inquiries (e-mail): [bross@haltonhealthcare.on.ca](mailto:bross@haltonhealthcare.on.ca)  
Tel: (905) 338-4437 / Fax: (905) 815-5101