

WHERE WE ARE

Our Program operates at three sites:

- **Halton Healthcare**
700 Dorval Drive, 6th Fl., Oakville
905-815-5140, Ext. 4900
www.haltonhealthcare.com
- **Joseph Brant Memorial Hospital**
1230 North Shore Blvd. Burlington
905-631-1939
www.jbmh.com
- **North Halton Mental Health Clinic**
217 Main Street E., Milton
905-693-4240
www.halton.ca/health/services/NHMHC

DAYS & HOURS OF OPERATION

Clinic Hours are 8:30 a.m. to 4:30 p.m.
Monday to Friday. Evening and early morning appointments available where required. Statutory holidays exempt. Messages may be left 24 hours/day and case managers will return calls during business hours.

ACCESSING OUR SERVICES:

Referrals may be made by any of the following:

- Any health professional
- Family practices
- In-patient units
- Emergency Department Crisis Teams
- COAST
- Family Members
- Individuals (self-referral)



PRIVACY

We respect your privacy. Clinical information collected in support of the treatment you receive with the program will only be disclosed to authorized individuals involved in your care.

Working together towards recovery

RELATED LINKS

Get Help Early – Early Intervention Youth & Family website
www.gethelpearly.ca

Fraser Health Authority, Early Psychosis Intervention
www.psychosissucks.ca

Early Psychosis Prevention & Intervention Centre
www.eppic.org.au

TIPS – An information program to reduce the duration of psychosis
www.tips-info.com

Ontario Working Group
www.earlypsychosis.com



Open the door to tomorrow



Phoenix Program Early Intervention

The Phoenix Program is an outpatient, community based program for people experiencing early stages of psychosis who reside in Halton Region. The clinical team works in a partnership with the client and their families to identify concerns and goals and to develop plans that work on recovering from psychosis.

The Phoenix Program is a clinical program affiliated with Joseph Brant Memorial Hospital, Oakville Trafalgar Memorial Hospital, North Halton Mental Health Clinic, ADAPT, and the Schizophrenia Society of Ontario.

The word “psychosis” is used to describe a condition of the brain where there is a loss of contact with reality making it difficult to distinguish between what is real and what is not.

Psychotic symptoms can include:

- confused thinking, speaking and behaviour
- seeing or hearing things that others do not see/hear
- strangely held beliefs which are unusual and unjustified



The staff available to support your recovery plans are:

- Family Educators
- Nurses
- Occupational Therapists
- Psychiatrists
- Social Workers
- Addiction Clinicians
- Peer Support/Recovery Mentors

Services are available to anyone:

- 14 to 40 years of age
- With an onset of first episode of psychosis
- Who has received less than one year of treatment with an antipsychotic medication for psychosis
- Lives in Region of Halton

We take a recovery-oriented approach, emphasizing:

- Client choice
- Flexibility in services
- Individualized supports
- The importance of families, significant others and communities

Our services include:

- Rapid psychiatric assessment
- Treatment based on individual concerns/goals including education about psychosis, medication, counselling and recovery support
- Assistance with work, school, social and leisure activities
- Specialized support to family members and friends
- Addictions counselling (individual & group)
- Introduction to other community programs and planning for management of illness after discharge from the program.



**WE LOOK FORWARD TO
WORKING WITH YOU**

We believe that if psychosis is detected early, many problems can be prevented, improving the chance of a successful recovery.