

Registration Form

Expectant's mother's name:

Due date: _____ Preferred Month of Class: _____

Address:

Day phone:

Evening phone:

Labour's partner's name:

Where do you plan to give birth?

Do you have any food allergies:

Other information you feel the Educator should be aware of:

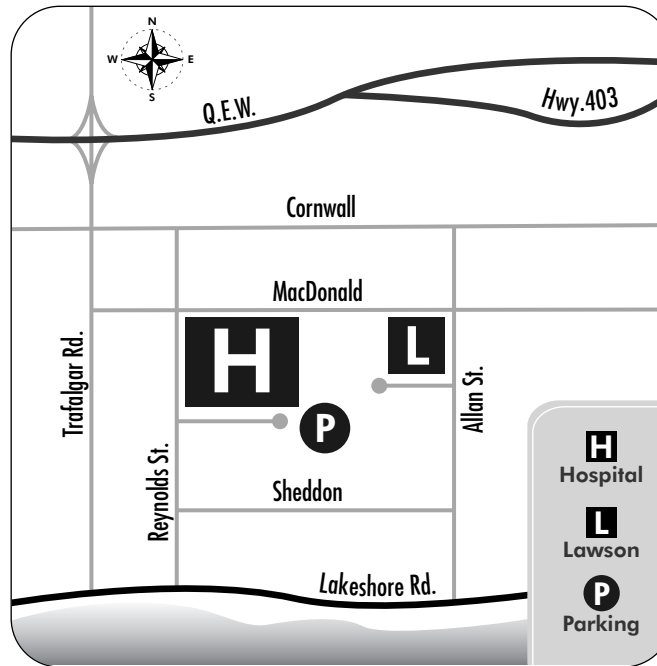
Credit Card Payment

Visa MasterCard

Card # _____

Exp. Date: _____

Card Holders Name: _____



Halton Healthcare

Halton Healthcare Services
Oakville-Trafalgar Memorial Hospital
327 Reynolds Street
Oakville, Ontario
L6J 3L7

905.845.2571 ex. 6402

www.haltonhealthcare.com



Halton Healthcare

Oakville-Trafalgar Memorial Hospital

Labours of Love

A course to prepare you for
**Childbirth
& Parenting**



Philosophy

We believe in freedom of choice based on knowledge of alternatives in family-centered maternity and newborn care.

- ICEA Mission Statement

Instructors

Our instructors are Registered Nurses, Certified Childbirth Educators, Lactation Consultants and employees of Halton Healthcare Services Maternal Child Unit.

Format

An intensive weekend of lectures, group activities, discussions, role plays, demonstration, and question and answer.

Saturday and Sunday
8:30 am - 3:30 p.m.



Topics

- Nutrition
- Signs of Labour
- Relaxation
- Breathing during Labour
- Support Role during Labour
- Comfort Measures
- Birth Plans
- Preterm Labour
- Potential Medical Intervention
- Cesarean Births

- Newborn Characteristics
- Baby Care
- Baby Equipment
- Breastfeeding
- Infant Hearing Program
- Car Seats
- Infant Safety
- Growth and Development
- Playing with Baby
- Parenting
- Community Resources

Cost

\$215/couple

Includes catered lunch

Please call:

905.845.2571 ex. 6402

For available dates

Registration Process:

Complete form on reverse side.

Mail or hand deliver form in a sealed envelope to admitting desk, Maternal Child Department, Oakville-Trafalgar Memorial Hospital

Payment:

- Enclose a cheque, payable to:
**Halton Healthcare Services
Childbirth Education**
- Visa/Mastercard information can be filled out on the Registration Form.
(please see reverse)

