



CT Exam	Patient Preparation	Length of Procedure
Head	<p>DO NOT EAT 4 hours prior to your appointment time.</p> <p>You should drink at least TWO 12 oz. glasses of clear fluids (salty fluids such as clear broth or Gatorade are recommended) 2 hours prior to arriving for your appointment. If your medical condition prevents you from drinking these fluids, please contact your physician.</p>	10 – 15 minutes
Neck / Chest	You may empty your bladder prior to coming for your appointment.	15 - 30 minutes
Abdomen/Pelvis	<p>If you are on any medications, please bring a list with you.</p> <p>Any meal preceding the procedure should be a light one, such as coffee, tea, soup, fruit juice.</p>	60 - 120 minutes
Abdomen/Pelvis for kidney stones	Drink 2 large glasses of water 1 hour prior to scan and do not empty your bladder	15 - 30 minutes
Spine	No preparation need	15 - 30 minutes
Extremity	No preparation need	15 - 30 minutes
Biopsies	<p>Nothing to eat 4 hrs prior May have *CLEAR fluids up to 1 hr prior Blood work completed prior to procedure Will require a 4 hour recovery time in Medical Day Care</p>	45 – 90 minutes

If you are unable to keep your appointment, please call the Diagnostic Imaging Department.

*Monday to Friday
 8:30 am – 4:30 pm*

*For cancellations after hours,
 please call*

Milton 905-876-7023

Milton: 905-876-7023

Oakville 905-338-4604

Oakville: 905-338-4601 and press 5

NOTE If you have:

1. **an allergy to x-ray dye;**
2. **kidney impairment but are not on dialysis;**
3. **or are pregnant or there is a possibility of pregnancy**

please contact the Diagnostic Imaging Department between the hours of 8:30 am – 4:00 pm, Monday- Friday and ask to speak to our nurse. If she's busy please leave a message and she will contact you prior to your coming for your test.

Information about your test

1. Wear comfortable clothing no metal (e.g., no zippers, snaps, etc.); this may eliminate having to change for your test.
2. Arrive 20 minutes prior to your scheduled appointment time to allow for registration.
3. All related previous examinations are important to the reporting of your CT scan. You maybe required and should be instructed by your doctor's office to bring those with you for your appointment.
4. The average time from arrival to departure for a CT scan is from 30 minutes to 2 hours depending on the procedure.
5. Most CT scans require an injection of X-Ray contrast. If you receive an injection, you will be required to remain in the CT department for at least 15 minutes after your scan is completed.
6. Some studies may require additional scanning decided by the Radiologist at the time of your scan – additional time will be needed for those examinations.
7. If you have an appointment in the evening between the hours of 6 and 9 pm, or on the weekends between 8 am and 4 pm, unless otherwise instructed, your test does not require an injection and you may eat or drink prior to your test.
8. ***CLEAR fluids** consist of any liquid that you can see light through; examples would be Gatorade, black coffee or tea, apple juice, broth, etc.

Because the CT scanner is in a hospital, and we have only one scanner, urgent or emergent patients may have priority over booked patients. Therefore, the wait for your test may be longer than expected up to three (3) hours in some instances.

Please note that you will not lose your place in the line of booked out-patient appointments. We appreciate your patience and understanding.