

Although every effort is made to remain on schedule, urgent procedures often must be added or procedures may take longer than expected to complete. We thank you for your patience in advance.

Gastric & Fluoro	Patient Preparation	Length of Procedure
Oesophagus, Stomach, & Duodenum	Nothing to eat or drink from midnight prior.	10 – 15 minutes
Small bowel follow through	Nothing to eat or drink from midnight prior.	1-4 hours average
Small bowel enema	Nothing to eat or drink from midnight prior.	Approx. 1 hour
Barium enema	Take prep as prescribed on pamphlet starting day before exam. Clear* fluids only the morning of exam.	15-30 minutes
Stress cystogram	No dietary preparation needed. Patient will be asked to empty bladder before exam.	15 - 30 minutes
Voiding cystogram	No dietary preparation needed. Patient will be asked to empty bladder before exam.	15 - 30 minutes
Arthrogram	No preparation needed.	15 - 30 minutes

- **Clear** fluids consist of any liquid that you can see light through. Examples would be black coffee or tea, apple juice, broth, etc. but not milk or dairy products.